

## CHANNEL SWIMMING & PILOTING FEDERATION

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## AGM MOTION FORM

(for office use)



Received / date

This form must be received no later then 21 days before the CS&PF AGM

Name Tanya Harding Signature

Date 30<sup>th</sup> January 2020

Membership No. Founder member 63

## Motion

Proposer

In compliance with the conditions laid down in the Constitution of the CS&PF I hereby propose the following motion to be considered by the Annual General Meeting of the Channel Swimming & Piloting Federation:

MOTION 1: Original wording – Section 10 – Assisted swim category – Section (K) – Paragraph 3.

All swimmers taking part in a relay swim must complete a self assessment swim for at least **2 hours** in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion ) to be a suitable alternative, in either case, which has taken place no more than 18 calendar months prior to the 1st June in the Year of application.

Replace with

All swimmers taking part in a relay swim must complete a self assessment swim for at least a 1.5 hours swim then leave the water for 1 hour – then return to the water and swim for 1 more hour in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion ) to be a suitable alternative, in either case, which has taken place no more than 18 calendar months prior to the 1st June in the Year of application.

MOTION 2: Original wording - Section 11 – Rules for Channel relay teams – Standard relay teams section (a) paragraph 4 and in – Additional Rules - paragraph 2 (same wording in both places)

All swimmers taking part in a relay team swim must supply written proof/ratification of a 2 hour swim in water 61°F/16°C or less or proof of completion in a recognised event for a period considered by the CS&PF to be an acceptable alternative within the previous 18 months.

Replace with

All swimmers taking part in a relay team swim must supply written proof/ ratification of a <u>1.5 hours swim then</u> <u>leave the water for 1 hour – then return to the water and swim for 1 more hour</u> swim in water 61°F/16°C or less or proof of completion in a recognised event for a period considered by the CS&PF to be an acceptable alternative within the previous 18 months.

## Seconder

In compliance with the conditions laid down in the Constitution of the CS&PF I hereby second this motion.

Name Michael Oram Signature

Date 30<sup>th</sup> January 2020

Membership No. Founder member 1