



# Annual Report for the Year 2015

**'Nothing great is easy'** Capt Matthew Webb

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## Annual General Meeting Agenda

Saturday 5th of March 2016 at 1400 hours (2pm)  
Dover Town Hall  
High Street / Biggin Street, Dover, Kent

1. Apologies for absence
2. Minutes of the 2015 AGM
3. Matters Arising
4. The Chairman's Report
5. The Hon. Secretary's Report
6. The Hon. Treasurer's Report
7. The Observer Liaison Report
8. The Dinner Report
9. Motions
10. Election of Officers
11. Election of Committee
12. Any other business

To be followed by the Annual Dinner in Dover Town Hall  
1830hrs (6.30pm) for 1915hrs (7.15pm) sitdown

## Minutes of Annual General Meeting

Held at 1427 on Saturday 7<sup>th</sup> March 2015 at Dover Town Hall

### **PRESENT**

Nick Adams (President), Michael Oram (Chairman), Julian Critchlow (Vice-Chairman), Kevin Murphy (Hon. Secretary), Katherine Batts (Treasurer ).

**Committee:** Lance Oram, Eddie Spelling, Ian Down, Sakura Adams, Mike Ball, Boris Mavra

**Members:** Joseph E Hall, Richard Broet, Dee Richards, Peter Huecker, Monika Huecker, Tony Bailey, Jim Boucher, Zoe Sadler, Kevin Blick, Rob Oudcott, J Thorpe, Pawel Nowak, Wendy Trehiou, Margot Anderson, Angela Oram, Tony King, Freda Streeter, Trevor Coleman, Ned Denison, Tanya Harding, Kate Robarts, Jane Murphy, Paul Foreman, Mike Cross, Kate Todd, Lisa Williams, Derek Carter, Annabel Slingerland, Stuart Bowman, Emma France, Sam Jones, Neil Streeter, Cliff Golding, Simon Murie, Sally Minty-Gravett, Charlie Gravett, Louise Murie, Amanda Bell, Michelle Grencourt,, Ogrodnik Boguslaw, Vicky Miller, Jon M Boyd, Irene Wakeman, Barrie Wakeman,

### **1.APOLOGIES FOR ABSENCE**

Lesley Darling, Emma Darling, Bryn Dymott

### **2. MINUTES OF LAST AGM**

The minutes were unanimously approved and signed.

### **3. MATTERS ARISING**

The Chairman explained to members that Ian Down had done a lot of work in respect of the revision of Rule Changes and felt those put forward in 2015 would be the last major overhaul for a number of years

### **3a PRESIDENT'S REPORT.**

Circulated with Agenda

### **4. CHAIRMAN'S REPORT**

Circulated with Agenda , Mike Oram added the organization is running on Volunteers and praised their commitment and suggested Members read the report at their leisure.

### **5. HON SECRETARY'S REPORT**

Circulated with Agenda and wished to thank the Committee and members for their continued support.

## **6. HON TREASURER'S REPORT**

Circulated with the Agenda.

The accounts were accepted unanimously by members present.

## **7. OBSERVER LIAISON REPORT**

Circulated with the Agenda.

## **8. REGALIA REPORT**

Circulated with the Agenda.

Charlie Gravett enquired whether any Regalia was being sold at the AGM.

Irene Wakeman asked if we could order more stock before the start of the season, Mike Oram explained that with £16692 currently in the lock up this would be considered but this stock really needed to be sold first.

## **9. DINNER REPORT**

Circulated with the Agenda.

## **10. ELECTION OF OFFICERS**

**Vice Chairman** - Boris Mavra (proposed by Nicholas Adams & seconded by Rob Ouldcott)

**There being no further nomination Boris Mavra was unanimously elected.**

**Secretary-** Tanya Harding (proposed by Mike Oram and seconded by Angela Oram)

Kevin Murphy (proposed by Boris Mavra & seconded by Katherine Batts)

Following a Vote by Members Kevin Murphy was duly elected.

Vote of thanks was recorded for the work Julian had undertaken whilst a Committee member.

Kevin asked that his thanks were recorded in the Minutes to the members for allowing him to continue as Secretary and therefore helping swimmers follow their dreams.

## **11. ELECTION OF COMMITTEE**

Three committee places available

Sakura Adams (proposed by Nicholas Adams & seconded by Kevin Murphy )

Ian Down (proposed by Kevin Murphy & seconded by Jane Murphy)

Michael Cross (proposed by Nicholas Adams & seconded by Mike Oram)

**There being no further nominations all were unanimously elected.**

## **12. MOTIONS**

Mike Oram covered the main changes that were being proposed to members present, for example removing the words Honorary from both the Secretary and Treasurers titles and reducing the membership to that of 1 year.

Cliff Golding asked for an explanation in respect of Membership and it was confirmed that for example membership during 2016 would be for a calendar year but would allow members to vote at the 2017 AGM.

The increases in the various fees meant we would no longer charge % rates on PayPal and Credit cards for swims.

Emma France asked why we had moved from a two year membership to a one year membership but the fee remained the same. Ian Down explained that we had not seen an increase in 5 years, our membership was extremely low and it was one area looked at when we were making our CASC application, We needed to show we were a realistic organization and on a proper footing with other organisations.

2 and 6 hour Ratifications swims needed to be submitted on the official forms and this was purely for legal reasons, we need to be accountable.

Mike Oram emphasized we weren't changing what people did just putting things on a more formal footing.

Tanya Harding asked whether relay teams needed to submit six separate ratification forms and the answer was 'Yes'.

Mike Oram stressed we needed to be able to stand up in a court of law and show that we had done everything possible to ensure we were accountable.

### **Assisted Swim – Section h**

Cliff Golding asked whether 24 hrs was a realistic time frame. Mike Oram said yes it was more than adequate, this rule was the same and nothing had changed.

**Motion 1.** Revision of CS&PF rules  
(Replacing rules currently available on [www.cspf.co.uk](http://www.cspf.co.uk) )

### **Channel Swimming & Piloting Federation Rules 2015**

1. NAME
2. OBJECTIVES
3. MEMBERSHIP 4. SUBSCRIPTION
5. FINANCIAL YEAR

6. INTERPRETATION OF RULES
7. MANAGEMENT 8. DUTIES AND POWER OF THE COMMITTEE
9. DUTIES OF THE HON. TREASURER
10. SWIMMING RULES & FEES -- ADMIN & CS&PF SWIM FEES
11. RULES FOR CHANNEL RELAY TEAM
12. ADDITIONAL RULES

**1. NAME** The FEDERATION shall be known as the CHANNEL SWIMMING & PILOTING FEDERATION (CS&PF). Words imputing the singular only shall include the plural and vice versa. Words imputing the masculine gender shall include the feminine gender. Words imputing persons shall include organisations.

## **2. OBJECTIVES**

(a) To promote the sport of long distance open water swimming world-wide and assist organisations and swimmers to attempt such swims in all ways possible.

(b) To promote, assist, observe and authenticate swimmers and sports persons in their attempts to cross the "English Channel/ La Manche" by swimming and "any other means" of crossings such as rowing, canoeing, sailing et cetera.

(c) To assist, with advice and information, the organisation of attempts to cross "by any means" acceptable to the relevant authorities the "English Channel/La Manche".

(d) To assist in setting up and/or observing and authenticating such swims and "crossings by other means" as indicated in b and c above, provide advice or other assistance in relation to any dispute between members of the Federation or between a member of the Federation and another entity body or person relevant to or affecting the Federation's Objectives.

(e) To form a register of recognised pilots and assist with the professional requirements, advice, information and guidelines to enable them to operate on a professional basis. To act as a contact between the pilots, the government departments and any sports persons requiring such services. To promote a standard that makes the Federation a leading authority, in co-operation with the government bodies, on organisation and safety requirements of such Crossings.

(f) To formulate and adjudicate upon a set of rules and guidelines under which such attempts can take place and become a governing body for such attempts. To subscribe to or become a member of any association, club or governing body as deemed necessary to forward the aims of the Federation. To enable other entities or persons to become affiliated or otherwise associated with the Federation for the purpose of benefiting or assisting the Federation or its reputation.

(g) To apply for any permissions and governmental requirements as are, or shall be required to allow such events to continue. To modify or adjust any of the powers of the Federation to allow its best operation.

(h) The Channel Swimming and Piloting Federation is a non profit making organisation. Any funds remaining after expenses, services, rent and running costs etc. have been paid and accounted for will be paid into the Federation accounts and used solely to peruse the objectives of the Federation. Should the CS&PF be wound up for any reason any funds

remaining after debts and expenses have been cleared will be transferred to be used for other approved sporting or charitable purposes approved by the Federation

**3. MEMBERSHIP** Membership is open to all persons, associations, clubs and other bodies who have an interest in long distance swimming world-wide, and attempts to cross the English Channel/ La Manche by swimming or "any other means" of crossing requiring an escort/pilot.

A person requesting membership should complete either the CS&PF membership application form or apply via a CS&PF swim application form to be considered by the committee for membership.

All members and applicants for membership (whether applications are made in conjunction with a swim application or separately), must comply with the Rules including all processes and directions as are approved and implemented from time to time by the Committee of the Federation in accordance with the Rules. Every membership application, however made, is subject to the approval of the Committee

All applications for membership accepted in 2015 will run from 1st January to the 31st December for a 2 year period.

All applications for membership accepted in 2015 will run from 1st January to the 31st December for a 2 year period. Any application for membership made at any time after 2015 will be treated as an application for full membership for one person (with an entitlement to one vote per motion or resolution) and running from the date of acceptance until 31st December in the same year. The Committee will determine the fees for membership.

Persons qualifying for a vote at the AGM in any year are (1) members on the membership list as at 31st December in the year immediately preceding the AGM and (2) members registered in the period prior to the AGM in the same year as the AGM.

Applications for joint memberships, family memberships or any other type of membership other than a full membership (or honorary membership), shall not be available with effect from 1<sup>st</sup> January 2016.

All Federation pilots must be and remain registered with the Federation and qualified as required by the Authorities and the Federation. Proof of current qualifications must be deposited with the Federation each year before the season starts and any changes and updates advised.

Pilot recognition will be reviewed and (if necessary) revised by the committee annually. A precondition to recognition and its continuation for pilots will be the adherence to guidelines laid down by the Committee from time to time.

Registered Pilots will be made Honorary Members (with power to vote) for the years in which they are recognised, registered and escorting crossings.

Pilots wishing to be recognised by the Federation may apply to the Committee submitting their qualifications. Final acceptance shall be subject to approval by the Federation. On acceptance they will be added to the "Recognised Pilot list" for the option of filling a future



position when it becomes available; or working within the active pilot boats crews. Pilot additions to the Pilot recognition list to be in order of the date of recognition by the Committee. The pilot list, along with qualifications and certification shall available from the CS&PF office upon request.

Observers will be made Honorary Members (with power to vote) for the years in which they carry out one or more formally observed swim attempts on behalf of the Federation.

Honorary life members can be nominated by the Committee or a CS&PF member and a vote taken at the Annual General Meeting. If accepted they will have full voting powers.

**4. MEMBERSHIP FEES** Membership fees shall be as below for applications received during 2015 and 2016 and thereafter shall apply subject to any change proposed by the Committee from time to time and which is approved by the members at a General Meeting:

**2015:** Full biennial membership £20.00

Joint biennial membership for couples making a combined application (with one vote per joint membership) £30.00

Family biennial membership for families comprising up to 2 parents and their children under 16 (with one vote per family membership) £30.00

**2016:** Full annual membership £20.00.

## **5. FINANCIAL YEAR**

The financial year of the Federation shall start on the 1st January end on the 31st December up to which date all accounts and reports shall be made.

## **6. INTERPRETATION OF RULES**

The Federation's decision on the interpretation of these Rules and any other question is final and binding. All instructions, rules and conditions elsewhere on the Federation website and in any publications, guidance or instruction sheet or form of the Federation published, issued or otherwise in use from time to time shall form part of these Rules although in the event of conflict these provisions shall prevail over all such other instructions, rules and conditions

**7. MANAGEMENT** (a) The general management, conduct and direction of the Federation shall be vested in the general Committee which shall consist of a Chairman, Vice-Chairman, Secretary, Treasurer, and seven (7) elected full members. The Committee will have the power to co-opt up to three (3) additional members with voting rights for specific duties.

(b) The positions of President and Vice President shall be proposed and seconded by the CS&PF officers and Committee members, the nominations will then be put to the AGM for a vote and their selection confirmed at an AGM. Positions can remain vacant.

The President elect should hold the position for no more than 2 consecutive 3 year terms then stand down for at least 1 term of office.

(c) The decision of the Federation in all disputes, questions referred to them, or matters over which they have control, shall be final and binding upon the members. Members shall have the right to appeal, in person if desired, at the next full Committee or General Meeting. The Committee shall have the power to make, amend or suspend by-laws from time to time for the proper management and good order of the Federation.

d) The CS&PF officers and Committee members, (excluding President and Vice President) are to be elected by rotation with half (1/2) being elected every year over a two year period.

The CS&PF officer positions are to be elected from CS&PF members who are serving or have served on the CS&PF Committee. If there are no nominations for officer positions from among CS&PF members who are serving or have served on the CS&PF Committee, the secretary will notify the membership accordingly and the election of other full members of the CS&PF to officer positions will be permitted.

Nominations for the appointment of the Officers and to fill the Committee positions, each proposed and seconded by full members, shall be given in writing to the Secretary at least twenty-one days (21 days) before the date of the Annual General Meeting and made available to full members.

If the number of nominations exceeds the number of vacancies, then a paper ballot shall be taken, each full member present at the meeting having one vote in respect of each vacancy. Elected members shall take office at once. Full members in the beginning of the Meeting, giving their CS & PF number and collect a voting card.

(e) The Agenda of the business to be transacted at all General Meetings shall be posted on the CS&PF web site at least 14 days before such meetings. No resolution, except such as relates to the adoption of the Reports at the Annual General Meeting, shall be moved at any General Meeting unless notice thereof, duly signed by a proposer and seconder, stating its terms, has been delivered to the Secretary at least 21 days before the meeting, for inclusion in the Agenda.

The Chairman may at his discretion, however, accept amendments arising out of discussion of items of the Agenda, and he may also allow non-controversial matters which he may consider reasonable, to be raised and discussed.

(f) 75% of the administration fee for each swim registered in the current year shall be made available to allow for administration and the operation of the CS&PF office.

(g) The Observer Liaison officer shall receive up to 5% of the swim fees for the management, expenses, appointment, allocation and co-ordination of the CS&PF observers.

(h) The Treasurer shall receive up to 5% of the administration fees for the management, expenses, and work carried out reference the CS&PF accounts.

(i) The Committee shall have the power to appoint an Observer Liaison Officer, Pilot Liaison Officer and Coastguard/negotiation officer from within the Committee membership. The committee can form sub Committees for specific purposes to be chaired by a Committee officer.

A quorum of at least five Committee members including at least two officers shall transact the business of the Federation.

## **8. DUTIES AND POWER OF THE COMMITTEE**

- (a) To carry out the rules and transact the business of the Federation.
- (b) To meet at least two times a year.
- (c) To appoint members to fill any vacancy that may occur among the officers and Committee until the next AGM or General meeting.
- (d) To appoint sub-Committees that will report to the Committee.
- (e) To exercise financial control over the funds of the Federation and to present annual Accounts and Balance Sheet at the Annual General Meeting.
- (f) To uphold and promote the objectives of the Federation.
- (g) To assist swimmers and sports persons in their enquiries and attempts at crossing the English Channel/La Manche and authenticate claims of swimmers that have swum the Channel within the rules.
- (h) To recognise CS&PF pilots and pilot boats for escort duties and to register the pilots and pilot vessels with the British and French authorities annually.
- (i) To record details of all swims, and retain documents used in connection therewith. For a swim to be officially recognised at least two members of the Committee must read, check and ratify the observer's report that has been submitted along with any other paperwork requested and considered relevant
- (j) To take any other action to further the interests of the Federation.

**9. DUTIES OF THE TREASURER** The Treasurer shall oversee all the Federation accounts and the banking of all monies received and deposited on behalf of the Federation and delegate the responsibilities so involved. All Federation cheques shall be signed by any of the appointed signatories who shall be the Treasurer, the Secretary, the Chairman and one other officer in accordance with the bank mandate.

## **10. SWIMMING RULES & FEES – ADMIN & CS & PF SWIM FEES**

(A) Federation Fees :

Channel aspirants shall pay registration fees as fixed by the Committee annually and set at the Annual General Meeting. The fees are to cover the expenses of the Federation.

**ADMINISTRATION FEE.** (Payable with all swim applications) Code A ----- This is a Non-returnable fee and it includes one swim certificate for successful crossings

ADMIN FEE for: Solo swim **£145.00**

ADMIN FEE for: Relay swim **£180.00**

**IF SUBMITTED AFTER 30 April 2015 (and subject to acceptance by the Federation):**

ADMIN FEE for: Solo swim **£170.00**

ADMIN FEE for: Relay swim **£220.00**

(PLUS THE REQUIRED SWIM FEE AS BELOW)

**For SOLO SWIMS**

Code B ----- 1-way attempt **£160.00**

Code C ----- 2-way attempt **£360.00**

Code D ----- 3-way attempt **£450.00**

**For RELAY SWIMS**

Code E ----- 1-way attempt **£160.00**

Code F ----- 2-way attempt **£360.00**

Code G ----- 3-way attempt **£450.00**

An administration fee of £20 will be charged for each additional or alternative team member registered after April 30.

Fees and observations and other Federation requirements for requests to attempt swims / crossings greater than 3-ways, or for other swim courses not by the "direct route" are to be accessed and determined by the General Committee in its sole discretion

Fees for extraordinary swims not covered above to be by negotiation and agreement of the committee.

Any swim fees not used in the current year must be reclaimed by the 31st of December in that year. Any fees not reclaimed will be added to the Federation funds.

Each successful swimmer will receive one certificate (included in the administration fee) after the ratification of a successful swim report. Extra certificates may be ordered from the Secretary after ratification of a successful swim at the fees set for the year plus postage.

The swim will not be officially observed unless the appropriate Federation fees have been paid and the medical form and application form have been completed in full and received by the CS&PF office to the satisfaction of the Federation and prior to the swim as dictated within the Rules.

(a) CS&PF medical and application forms must be used for every swim or crossing application and will be available from the office or for download from the CS&PF website from 1st January in the year of the swim or as soon afterwards as the Committee are able to provide the same.

1. If you cannot complete any of the required stages within the time frame YOU MUST

CONTACT THE CS&PF OFFICE to ask if a time concession can be allowed. The CS&PF will consider any requests to do so on an individual basis: the grant or refusal of a concession in the case of one application shall not oblige the CS&PF to grant or refuse a concession in any other case. The CS&PF may impose such conditions (including time limits) as it deems appropriate upon the granting of a concession.

2. The CS&PF application form and medical forms must –be submitted to the CS&PF office before 30th April. Failure to do so shall cause an application to become invalid unless specifically ruled otherwise in writing by the CS&PF in its discretion.

3. Your application must -- be completed and finalised by the 31st of May. Failure to do so shall cause an application to become invalid unless specifically ruled otherwise in writing by the CS&PF in its discretion.

4. The CS&PF needs to be able to register all completed swim applications for the season with the British and French authorities by the first week of June, or as requested by the authorities.

5. The office must be informed and agree to any changes to applications after they are submitted. All applications and paperwork submissions must include swimmer/ team name, pilot and proposed swim date.

(b) Swims will be categorised as Standard, Special or Assisted according to the method and/or aids used.

**STANDARD SWIM SUIT CLARIFICATION** No swimmer in a standard attempt to swim the Channel shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy, heat retention or endurance (such as wetsuit, webbed gloves, paddles, fins, etc). The swimmer is permitted to grease the body before a swim, use goggles and one hat. Nose clips and earplugs are permitted. Any kind of tape on the body is not permitted unless approved by the Committee in advance and clarified by the observer.

The swimmer may wear only one swimsuit in one or two pieces which shall not extend past the shoulder or below the knee. All swimsuits shall be made from textile materials. Caps may not be made from neoprene or any other material which offers similar heat retention properties (as determined by the CS&PF Committee). Silicone or latex hats are permitted.

The observer will have to confirm that the swimwear rules have been observed. The swimmer must be sure that their costume and cap are of an approved type before the swim starts as the swim will not be recognised if they are later found not to conform. If you have any doubt, please seek advice and/or approval from the CS&PF Committee prior to the swim giving sufficient notice for any research or investigations to be completed.

During a swim no physical contact with the swimmer shall be made by any person other than to pass food and drink or secure such items as light sticks for safety reasons.

The use of MP3 players and other electrical audio devices shall not be allowed by the swimmer while swimming during any English Channel swim attempt unless for safety reasons.

**SPECIAL SWIM** This is a relay category swim only and listed under Rule 11 "Relay

swims"

**ASSISTED SWIM** An assisted category swim will be to the same rules as a standard swim except for the allowance, by prior arrangement with the Federation, of the minimum additional aids or contact as is deemed necessary for the safety of the swim on medical or other agreed grounds. An assisted category swim will only be accepted after prior agreement with the Federation Committee.

(c) For a swim to be officially recognised, the swimmer must enter into the sea from the shore of departure, swim across the English Channel (i) to finish on dry land, or (ii) to touch steep cliffs of the opposite coast with no sea-water beyond. Swimmers may finish in harbour water provided they land as in (i).

(d) For a multiple crossing to be officially recognised, the swimmer must, as soon as they make contact with the ground, land as directly as possible in accordance with rule 10(c). They must then return immediately to the water, where they may stand or sit for up to 10 minutes. During this time they must not be touched by any person, but may be handed food, grease, medicines or swimming apparel to be administered by them. They must then, in agreement with the Observer, make the most direct and reasonable way to water deep enough in which to swim, and commence swimming. In all the above conditions, the Observer's ruling will be recorded and subject to official ratification by the Committee.

The time spent before the return swim starts shall be added to the time of the subsequent crossing.

(e) Every application for recognition of a swim must be accompanied by the Pilot's chart positions and by the Observer's Report, recording incidents, time, tides, method of feeding, etc. The Committee may call for additional evidence if they require it.

(f) The appointed Observer shall be in sole charge of the timing of the swim, and shall be responsible for observing compliance with the rules, subject to ratification by the Committee.

(g) The timing of a swim shall start from the moment the swimmer enters the water until they complete the swim as laid down in Rule 10(c).

(h) On their arrival in the Dover area the swimmer must advise the Secretary and the Pilot of their place of residence. All documentation must be completed by the time limits laid down in the CS&PF information and any changes in dates or arrangements for Pilots etc must be reported as soon as possible but before the swim starts. The Pilots are required to give the Secretary and the Observer Liaison Officer a full 24 hours notice of the possible departure of the pilot boat. Failure to give such notice could mean that an Official Observer may not be able to be appointed and the swim will not be able to proceed.

(i) The Federation shall not observe solo attempts to swim the Channel by persons under 16 years of age. Swimmers shall be over 16 years at least 3 days before the swim starts, and for registration purposes, at the beginning of the swim period they are booked to swim in. The Committee shall be empowered to examine and to refuse to accept if thought necessary, the applications of persons to attempt to swim the Channel especially when they are over 55 years of age.

(j) Swimmers must be aged 12 years for at least 3 days before they can swim in a standard

relay team, subject to correct registration and to their medicals being accepted. See relay rules 11.

(k) All aspirants must satisfy the Federation of their competence to make a realistic effort to undertake a successful attempt to swim the Channel.

All swimmers taking part in a solo swim must complete a self assessment swim for at least 6 hours in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion ) to be a suitable alternative, in either case, which has taken place no more than 30 calendar months prior to the 1st June in the Year of application.

All swimmers taking part in a relay swim must complete a self assessment swim for at least 2 hours in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion) to be a suitable alternative, in either case, which has taken place no more than 18 calendar months prior to the 1st June in the Year of application.

Every application for a solo or relay swimmer must complete a Swim Assessment Form available for download from the CS&PF web site and submit this together with supporting proof/ratification of the self-assessment swim or (if an organised event wherein satisfactory participation is a matter of public online record) the website address at which such proof is evident.

(l) The use of drugs by participants in Channel Swimming, other than for therapeutic reasons in accordance with medical advice, is regarded with complete disapproval and is considered contrary to the spirit of the sport. Any swimmer unable to participate without the administration of banned drugs must submit their application to the Federation Committee with ample time for its consideration. The Federation reserve the right to make random drug tests on Channel aspirants. The Observer may require a sample of any medication given.

(m) Only Federation registered pilots who are members of the CS&PF and hold the required qualifications will be recognised to pilot CS&PF crossings. Only Federation registered pilot boats with the required certification in force will be allowed to escort CS&PF registered crossings.

Pilot and pilot vessel documentation and certification are to be produced within 7 days if requested by the CS&PF office.

Pilot recognition will be reviewed on an annual basis. Pilot and pilot vessel details will be registered with the British & French authorities on an annual basis by the Federation office. It is the responsibility of the pilot/owner of the pilot boat to inform the Federation of any changes in circumstances which will invalidate the required qualifications and certifications.

(n) In no circumstances shall more than one swimmer at a time be allowed to make their attempt from the same pilot boat.

(o) Only one dinghy or inflatable at a time shall be permitted to operate with a pilot boat.

(p) During solo swims a swimmer may be accompanied in the water by 1 person only & not accompanied at all until after the first 3 hours. This accompaniment will be for a maximum of 1 hour & cannot be repeated until at least 2 hours have elapsed after the cessation of the accompaniment.

The second swimmer may swim alongside, but not in front, of the solo aspirant & must not impede the solo swimmer.

For health & safety reasons the pilot must agree to any request for a support swimmer before they enter the water to accompany the swimmer.

The pilot may, at his or her discretion, request that a second swimmer join the solo aspirant outside of these times for a short period on the grounds of safety. (i.e. if a swimmer suffers severe cramps). Similarly the pilot may ask for accompaniment at the very end of a solo swim if the conditions dictate. This is to be allowed even if the request is within 2 hours of a previous accompaniment.

No support swimming is to be allowed on a relay swim.

**11. RULES FOR CHANNEL RELAY TEAMS** Relay team leaders are responsible for collating and submitting properly completed forms, supporting documentation and fees within the time permitted. No communication will be processed in the event of any failure to include prominently and clearly the Team name and the team leader's name. The CS&PF reserves the right to reject any submission which is incomplete and submitted by anyone other than the Team leader. Relay swims will be divided into the same categories as solo swims - Standard, Special, Assisted. Any alteration from a standard crossing must be agreed by the federation committee before the start of the swim.

## **STANDARD RELAY SWIMS**

**SWIM SUIT CLARIFICATION** No swimmer in a standard attempt to swim the Channel shall be permitted to use or wear any device or swimsuit that may aid his / her speed, buoyancy, heat retention or endurance (such as wetsuit, webbed gloves, paddles, fins, etc). The swimmer is permitted to grease the body before a swim, use goggles and one hat. Nose clips and earplugs are also permitted. Any kind of tape on the body is not permitted unless approved by the observer.

The swimmer may wear only one swimsuit in one or two pieces which shall not extend past the shoulder or below the knee. All swimsuits shall be made from textile materials. Caps may not be made from neoprene or any other material which offers similar heat retention properties (as determined by the CS&PF Committee). Silicone or latex hats are permitted.

The official observer will have to confirm that the swimwear rules have been observed. The swimmer must be sure that their costume and cap are of an approved type before the swim starts as the swim will not be recognised if they are later found not to conform. If you have any doubt, please seek advice and/or approval from the CS&PF Committee prior to the swim giving sufficient notice for any research or investigations to be completed.



## **STANDARD RELAY TEAM**

(a) "Each standard team shall consist of 6 swimmers each swimming for 1 hour. The names of the 6 persons shall be given to the official observer before the actual commencement of the swim. Thereafter there shall be NO changes in order or substitutions whatsoever.

Swimmers in relay teams shall be over 12 years old 3 days before the relay swim starts, and for registration purposes, the beginning of the swim period their team is booked to swim in. They shall be under 16 years of age for at least 24 hours after the swim finishes for it to be classified as a Junior Relay team swim.

Junior swimmers (over 12 and under 16 years of age) will only be allowed to swim in standard 6 person relay team swims.

All swimmers taking part in a relay team swim must supply written proof/ratification of a 2 hour swim in water 61°F/16°C or less or proof of completion in a recognised event for a period considered by the CS&PF to be an acceptable alternative within the previous 18 months.

In no circumstances shall more than 1 team be allowed to make their attempt escorted by the same pilot boat.

(b) Each swimmer shall swim for one hour each time he/she enters the water.

(c) The change-over/takeover from one swimmer to the next in a relay should take place every 60 minutes with the new swimmer entering the water on a signal given by the observer. During the take-over the new swimmer must enter the water from behind & swim past the preceding swimmer. The previous swimmer must then exit the water as quickly as possible. The change-over should take no more than 5 minutes.

(d) Team members shall rotate in the same order throughout the swim. Pace-making or the use of a support swimmer is NOT allowed.

(e) The pilot may ask for the accompaniment of a safety swimmer at the very end of a relay swim if the conditions dictate.

(f) An Official Observer of the Federation must be present on any Relay Team swim for it to be recognised.

**SPECIAL CATEGORY RELAY SWIMS** A Special category relay will be run under the same rules as a standard relay except for the allowance of the number of persons in the team. Teams can be 2 - 3 - 4 - 5 - 7 or 8 people. Teams of 2 or 3 persons will be allowed the option of choosing between 1 or 2 hour swim periods for the duration of the relay swim. The option must be declared before the start of the crossing and maintained through out the crossing.

**ASSISTED CATEGORY RELAY SWIMS** An Assisted category relay will be to the same rules as a standard relay except for the allowance, by prior arrangement with the Federation, of the minimum additional aids or contact as is deemed necessary for the safety of the swim on medical or other agreed grounds. An assisted category relay will only be accepted after prior agreement with the Federation committee.

**NOTES:** The General Rules of the Channel Swimming & Piloting Federation shall apply at

all times.

All swimmers must be fully paid up members of the Federation before they can swim.

All relay team members must be full members of the Federation

**Motion 2.** Revision of CS&PF fees.

**Motion for the 2015 AGM with reference to recommendations for proposed Fees revision**

(Proposed and seconded on the basis that it does not need to be put to the meeting unless

**Motion 1** is not approved by the meeting)

Proposed by Michael Oram Seconded by Angela Oram

**Admin fees** Admin Fee for Solo Swim **£145.00**

Admin Fee for a Relay team swim **£180.00**

**If submitted after 30th April** Admin Fee for Solo Swim **£170.00**

Admin Fee for a Relay team swim **£220.00**

**(Plus the Required Swim Fee as below) For Solo Swims**

Code B 1 Way attempt **£160.00**

Code C 2 Way attempt **£360.00**

Code D 3 Way attempt **£450.00**

**For Relay Swim**

Code E 1 Way attempt **£160.00**

Code F 2 Way attempt **£360.00**

Code G 3 Way attempt **£450.00**

Vote was taken with 48 people for 0 against.

**Motion 2**

Was not voted on as it had been included and past in the previous motion..

**10. ANY OTHER BUSINESS**

Charlie Gravett congratulated Mike Cross on being elected to the Committee

Kevin Murphy asked that a Vote of thanks was recorded to Michelle for her work on the Committee and was pleased that he understood she would be continuing with the organization of the Annual Dinner.

Meeting closed at 1500

## President's Report

My two terms as CS&PF President have now come to an end, and it's now Mike Oram's turn to take over the reins as our President.

### Looking Back

The role of President doesn't come with a 'job description', so Presidents choose to do as little or as much as they'd like. I chose to be fairly active, as I believed I had plenty of experience and energy to give to the Federation and our swimmers, pilots, observers, and supporters. I have greatly enjoyed my time in the role, and have always put the interests of the Federation and sport above my own interests, and strived to be a leader who did not let you down.

I am particularly fond of this quote from President Truman:

“It's amazing what you can accomplish if you do not care who gets the credit.”

The CS&PF has changed a great deal over the past six years, and it's been an honour to have been a part of making this change happen while working with a talented and committed committee. Some amazing people have made massive impacts and contributions to our Federation and sport, but it has been utterly refreshing to see those people not claiming successes for themselves. We have worked together and, by doing so, have achieved a great deal more and share our successes.

Possibly the best thing this role has given me is a connection with so many amazing people that I wouldn't have had otherwise, and this means more to me than you will ever know. I have learnt a great deal from all of you, and you have enriched my life no end.

There is a multitude of people that I need to thank, many of whom I have thanked personally and privately. Thank you to those that serve our sport; we are nothing without you and your love and care for us. Thank you to the swimmers; you constantly redefine the limits of human endeavour and produce inspiring heroism with frightening regularity. Thank you to the pilots and crews that keep us safe in such a hostile environment and share their expertise with us so freely. Thank you to the observers who step up to bob around on a boat for hours, watching us travel across the Channel very slowly, and confirm to the world that we actually did swim the Channel. Thank you to our loved ones that don't do the swimming bit, but support us unerringly with unconditional love and care, and have the pleasure of sharing the sacrifices with us; you are the world to us, our confidants to our greatest fears, our greatest fans and the ones we don't want to let down.

One personal Thank You must go to my amazing wife Sakura, who will die of embarrassment at being mentioned here. She has allowed the role of President to steal part of me away from her, and I thank her from the bottom of my heart for being so understanding and patient.

One of my personal sadness's can be summed up by Evan Morrison's lovely question which goes something like this: "If a swim isn't on Facebook, did it really happen?" The amount of self-generated PR about monster swims people are going to do is growing day by day. It's just my personal opinion, but the quiet modest 'stealth swimmers' like Forrest Nelson, to name just one, are a dying breed. I appreciated ours is a geographically disparate sport/group, and social media can unite across big distances, as well as help charitable activities. A statement without evidence is merely an opinion, so to add a little weight to the above, every year we receive a steadily increasing number of requests along the lines of "Will I be the oldest/fastest/etc. accountant from Woking to swim the Channel?"

The few media-hungry swimmers that show up in mainstream media often over-dramatise their swims and our sport for personal gain, and do us no favours by using words such as lethal, deadly, dangerous, mad etc. Non-sensational education of 'the masses' about our sport is what I'd like to see, letting people know it's not only these few super-humans that can participate in our sport.

### Looking Inwards

I simply LOVE this sport of ours, and want to share this BIG LOVE with those in the sport, and those new to it. I have tried to work out why I love the sport so much, and what makes it, and the people in it, so awesome.

Channel Swimming is not a zero-sum activity, which is where helping a competitor 'win' means one would be more likely to lose. I love the fact that we all help each other out, and the sport is packed full of 'givers', and that someone else's success does not detract from our own success. We rely on each other for our safety.

The principle of Optimal Distinctiveness fascinates me. It goes something like this: We look for ways to both fit in and stand out, which are two motives that are in constant opposition with each other. A common way to achieve Optimal Distinctiveness is to join a unique group. Being part of a group with shared interests, identities, goals, values, skills, characteristics, or experiences gives us a sense of connection and belonging. At the same time, being part of a group that is clearly distinct from other groups gives us a sense of uniqueness. It's clear that Channel Swimming certainly fits the bill here, and is one of the factors that keeps us in the sport for longer than 'our season/year'.

"It's at the borders of pain and suffering that the men are separated from the boys." – (please excuse the sexist quote) The majority of people in our sport are remarkable people, with an ability to push their bodies and minds to places most people wouldn't dare to contemplate going. Being part of this community, and getting to call these people friends, is an honour and privilege. Had I not messed around in Channel Swimming for so long, I would have not met all of you amazing people. One cannot help but be inspired, and become a better, stronger person.

Amongst many heroics we have been privileged to witness this season, I must single out Chloë McCardel. I consider Chloë and Paul to be friends, and to me it's utterly irrelevant to me that her amazing swims in 2015 were not done under our banner. What Chloë achieved

with her three singles and then the monster triple is simply staggering, and puts her firmly onto my 'Hero List'. Her commitment to the plan, coupled to her natural talent, resulted in an achievement we will all remember. Paul and Chloë are a team, and Chloë is the first to say that she couldn't do what she does without Paul's unerring support. Paul single-handedly crewed for Chloë's 3-way swim, not going to sleep once; this deserves recognition and an award in itself. I know I am better for knowing Chloë and Paul, and to have their achievements touch my life in a small way, and I suspect I am not alone in feeling this way.

### Looking Forward

Change is not a dirty word, or something to be frightened of. I am pleased that my six years as President are over, and that I can now take a back seat. I am looking forward to supporting the 'new cast' from the eaves, and seeing the CS&PF pushing forward to serve the sport and all of us even better.

Sadly I don't think my addiction to swimming the Channel has been cured, so I won't be hanging up my trunks any time soon! I have no interest in reaching some arbitrary number of swims; I will just keep swimming until I don't enjoy it any more. I adore being part of the sport and community, and I love the act of swimming the Channel; being out there swimming away is so utterly awesome.

I wish all of you the very best in your future swims and challenges, and will certainly be 'keeping tabs' on you and what's going on. Please look after each other, and cherish and protect everything in this sport that we value and hold dear.

I still remain committed to 'giving back' so do please let me know if I can ever help. Just remember two things:

1. It hurts up to a point, and then doesn't get any worse
2. As the great man said: "Nothing Great is Easy"

Big love

Nick Adams  
CS&PF President



**CS&PF Chairman | Michael Oram**  
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### Chairman's Report

2015 was another successful year even though the weather was a little more volatile and unpredictable than usual. My congratulations go out to all the swimmers and teams who swam in 2015 and my thanks go to the committee members and officers of the Federation for the never ending work they have put in to make the CS&PF such a successful organisation. Alongside them are the CS&PF registered pilots and observers who seem to be able to continually produce results for all to enjoy. Without them and their support nothing would be happening.

The CS&PF is moving forward in leaps and bounds and seems to continually advance to new horizons. Your committee have introduced numerous updates and shown great enthusiasm to move forward. There is a great web site, more online information, interactive forms and the introduction of new methods and direction. We just need to remember that this has been completed by a dedicated group of volunteers. I am sure the stories of this progress will all be updated by the other committee members in their reports along with more details of the swims and swimmers achievements. My report this year is on a more personal basis and a reflection of the growth and success of the Federation that has gone much further than Angela and I ever expected.

At this AGM I am stepping down as your Chairman with the intention of letting the younger generation take over the reins. I could give a lot of reasons for my decision, and there are plenty of them, but my main concern is that I feel it is time for me to let others step into the driving seat with fresh input and direction. We are in a quickly advancing world of internet interaction, web sites, online forms, e-mails and much more. In my opinion new blood to carry on taking us forward is essential. I am the first to admit that I am a dinosaur who is possibly getting past his sell by date, although I will still be around to help if needed.

Looking back over the years Angela and I became involved in Channel swimming in early 1982 when, while sitting onboard Aremajay in Dover docks, our floating home at that time, we were asked to help out with escort duties due to a shortage of pilots. That was 34 years ago and as soon as we started swims we were hooked. We have been involved in Channel swimming, through the piloting and working in many of the various committee positions, ever since.

It was way back in 1997 that the seeds were sown for the conception of a new Channel swimming organisation, the Channel Swimming & Piloting Federation. The concept was born over a few cups of coffee and with input from a lot of passionate people who loved the sport and wanted to keep it for the swimmers and their dreams. Producing the format was not a problem, putting it into practice and getting recognition required a lot more persistence. It took through to the end of 1999 to achieve recognition from the authorities and set up the CS&PF constitution and rules as required, but we were motivated, we were persistent and

very determined to make it happen. The CS&PF flowered in 2000 with its first official swims. It has been one of our babies ever since.

From 2000 onwards the CS&PF family has just grown and grown – and it is still growing – to become something that is well beyond any of our original expectations. It is an organisation that was put in place for the swimmers and their supporters. It belongs to the volunteers who run it and the swimmers and supporters who use it. The CS&PF is now not only the biggest player in the English Channel swimming fraternity and recognised as a governing body of our sport, it is an organisation that is respected worldwide for its contribution to open water swimming.

I will still be in the background and around if needed, although it will be from the sidelines while I am piloting and watching rather than in the driving seat. To finish I must thank to my wife Angela for all her help and direction, without her I feel a great deal less would have been achieved.

Michael Oram



### Report of the Hon. Secretary

We're a strange bunch. In most sports it's the fastest who get all the respect. With us that's not the full story.

As we know, our accolades also go to those who find it toughest; to those who stick at it the longest; and to those who conquer against the odds. A breaststroke swim ticks all the boxes with its obvious toll on the back, the groin and the knees.

All credit therefore to Phil Yorke with a successful breaststroke swim in 18hrs 02mins

This year a relay also stands out – a butterfly relay. The team Fly to France refused to give up. Each of the six swimmers did there one hour butterfly in strict rotation – and there was a stroke judge on board the escort boat to check. Three times they went through the list of swimmers and team leader, Kevin Blick, ended up doing a fourth one hour stint before Rob Oldcott also went in a fourth time to land near Calais in a time of 19hrs 15mins.

At the other end of the spectrum, the accolades for the fastest CS&PF swim of the year go to Poland's Sebastian Karas with a time of 8hrs 48mins. I was lucky enough to be one of the observers on his swim and I have to say it was the first time I had ever seen a swimmer take a feed bottle, drink the contents and restart swimming in just three seconds. Blink and you missed it.

Sebastian's declared aim was to make an attempt on the Channel solo record of 6hrs 55mins. With this year's experience behind him he may be back for another try.

Not far behind Sebastian's time was the CS&PF's youngest swimmer of the year, 17 year old Australian student, Ben Freeman (9hrs 10mins). Also remarkably quick was oldest CS&PF registered swimmer of the year, 63 year old American attorney James Reynolds Clifford Snr. – landing on the rocky shore just south of Cap Gris Nez in a time of 10hrs 03mins.

The oldest woman swimmer was Maura Twomey from Boston in the USA, two days after her 59<sup>th</sup> birthday(16hrs 23mins). The youngest woman was 21 year old Emma Lister from Warlingham, Surrey (17hrs 39mins)

Two more swimmers who point blank refused to give up and made it to France were Iceland's Sigrun Thuridur Geirsdottir (22hrs 34mins) and Sam Bainbridge from Grantham in Lincolnshire (22hrs 25mins).

Another of our American swimmers, 56 year old Liz Fry – already a successful two-way Channel swimmer – was hoping to become the oldest three-way swimmer. She waited for good weather - and she waited. Finally she could wait no longer. She made an attempt and got across one way in 12hrs 16mins. The weather was okay but not what she wanted for a three-way so she did not turn. It was her sixth crossing since 2003 and we hope she will be back.

The CS&PF's President, Nick Adams, added an eleventh crossing to his tally of successes (14hrs 16mins). Wendy Trehou, braved the colder seas in June to become the first solo of the year (14hrs 24mins) – her fifth crossing including a two way.

Sue Croft was a repeat offenders - swimmers who refuse to admit defeat. With three unsuccessful attempts behind her she tried again on August 1 but was again beaten by the weather. She tried again on October 8 and became the last solo swimmer of the year, finally victorious in a time of 15hrs 59mins despite shoals of jellyfish that were so thick it often seemed as if the sea was carpeted with the things.

A couple of minutes after Sue Croft, the two person relay of Martin Paine and Lindsay Dubery, both from Surrey, landed to round off the season with a success (17hrs 54mins).

As we know, two person relays are among the toughest of all Channel swims –There were four CS&PF registered two-person relays this year including the Australian father and son, Martin and Samuel Smoothy, (12hrs 52mins). The other pairings were Andre Jason/Parviz Habibi also from Surrey (13hrs 25mins); and Dawn Lea/Christine Birch from South Wales (16hrs 23mins)

The CS&PF's fastest six-person standard relay team of the year were the boys from Auckland Grammar School in New Zealand (10hrs 36mins). The slowest – but all credit for the courage to stick at it – was a six-person London based team rejoicing in the name Team Honey Badger (19hrs 35mins).

The spinal injuries charity, Aspire, had another good year with six successful relays.

There were four teams from Help for Heroes, with disabled swimmers raising money for the charity. Their venture was outside our swim rules but all credit to them. Similarly, Enduroman was back, promoting Marble Arch to Arc de Triomphe ultra-triathlons.

That said, it was not a good year for Channel swimming weather.

One relay, Last of the Summer Waves, had to be pulled by Eddie Spelling, when it was hit by a violent storm with winds gusting up to 40mph, rain so heavy it was impossible to see from the cabin to the front of the boat and waves which completely hid, Sally Minty-Gravett, the swimmer in water from view.

The statistics tell the story. There were 43 successful solo swims and 31 unsuccessful – but there were also 31 solo swimmers who went home without ever having started an attempt.

There were 47 relay successes plus one additional relay, the four person Build Africa, which opted to swim from Dover to Broadstairs and back, piloted by Paul Foreman, because it was too rough for the crossing to France. That raises the possibility and the hope for more such alternative swims in the future.

Twelve relays were unsuccessful although some of those did get across unofficially when the pilots agreed to continue after a swimmer dropped out. Four relays were unable to start.

Not all the would-be solo and relay swims were abandoned because of the weather but the majority were. The swimmers were out of time and they had to go home disappointed – hopefully to return next year. When no attempt has been made the CS&PF is happy to roll-over that part of the swim registration fees which cover the cost of the observer.

As ever, all the swimmers deserve a mention. I wish I could do that.

You all challenged human frailties beyond measure and proved something to yourselves. You discovered that you were, and are, very special.

All credit to the CS&PF pilots who got the swimmers across. In alphabetical order: Paul Foreman, Lance Oram, Michael Oram, Eddie Spelling, Neil Streeter and James Willi.

All credit too, to the boat crews, support teams, CS&PF observers, CS&PF officers, committee and volunteers, and to Freda Streeter with her Dover beach crew who all helped the swimmers achieve their dreams.

This year Michael Oram is retiring as chairman of the CS&PF. The committee hopes that he will be elected as President. The CS&PF was his baby. He nurtured it through it's younger days to what it has become today – the premier governing body of Channel swimming. Channel swimmers have much reason to thank him and his wife Angie for all they have done. We look forward to honouring Mike as our President.

Nick Adams' reign as president has come to an end after six years and, as required under the rules, he must step down. Fortunately for the CS&PF he is eager for another role so that he can stay involved in our decision making.

Our vice-chairman, Boris Mavra, has revamped our database systems so that we can now offer online registration. He and Nick Adams have also kept our website at the top of the game.

Our treasurer Kathy Batts has worked tirelessly above and beyond her financial role – filling in for me as secretary when necessary; answering some of the queries; acting as minutes secretary; and preparing this annual report.

Mike Ball has had the thankless job, as observer liaison, of finding observers for swims, often at the last minute. Mike is retiring from this role at the AGM. We thank him for all his work and we are grateful that he will continue as a committee member.

With thanks to committee member Ian Down we have a revision of the rules to put before the AGM. If approved they will hopefully help us to register as a Community Amateur Sports Club which, in turn, will assist our tax position.

Behind the scenes, John Thorpe was co-opted on to the committee to read and ratify the observer reports. They were all checked – including the times - by at least two committee members. John dealt with most of them and that was often a very time consuming task.

With the level of support that the CS&PF enjoys, it will continue to grow. We look forward to the class of 2016 and a successful year ahead.

Kevin Murphy  
(CS&PF Secretary)



**CS&PF Honorary Treasurer | Kathy Batts**  
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### **Report of the Hon. Treasurer**

So here we go with the one report members aren't really interested in, but having said that it is only right and proper that I report on the previous year and produce a balance sheet for our members.

The finances are very healthy at the moment as can be seen from the balance sheet with total assets of £105,533

We have continued our insurance policy with Perkins Slade and also taken out additional insurance for the Regalia Stock we are holding.

What changes took place in 2015 and have they made a difference to the everyday running of the CS&PF? Stamped addressed envelopes were placed on all our Pilot boats for use by our Observers which allowed them to put their completed reports in the envelope and not have the worry to get the envelope weighed at the PO and purchase the stamps. This did reduce the amount of visits that our Secretary and I had to make to the Post Office to collect under paid envelopes.

All Observers received payments direct into their Bank Accounts which is a massive time saving scheme for the Observer as well as me.

The raffle at our annual dinner is such an incredible event and again in 2015 we matched the monies raised to make a donation to the RNLI in Dover of £3740 an official cheque presentation took place and I thank Lance Oram for arranging this.

PayPal facility was introduced, I must admit we had a few teething problems but that has all been ironed out and the facility is working well, it is the CS&PF's intention to phase the use of Credit and Debit cards out over the coming year.

It would be remiss of me not to thank Jim Boucher for producing the Balance Sheets and making sense of the income and expenditure I have produced for him, I am indeed indebted for this. I am also grateful for Irene who collates the income for the Regalia and either pays the monies into the Bank or passes them onto Kevin Murphy to pay in for me.

Finally thank you to Mike Oram, Boris Mavra and Kevin Murphy for the continued support they give me in this role, along with that of the other Committee members.

Kathy Batts  
Hon Treasurer

**Profit & Loss Statement**

<b>INCOME</b>	<b>2014 AGM</b>	<b>2015 AGM</b>	<b>Notes</b>
	<b>£</b>	<b>£</b>	
Applications & Membership			<b>(1)</b>
Admin Fee	28,700	26,350	
Membership Fee	10,097	9,141	
Swim Fees	22,080	18,440	
<b>TOTAL Applications &amp; Membership</b>	<b>60,877</b>	<b>53,931</b>	
<b>TOTAL Regalia Sales</b>	<b>9,065</b>	<b>5,900</b>	<b>(2)</b>
<b>TOTAL INCOME</b>	<b>69,942</b>	<b>59,831</b>	
<b>EXPENSES:</b>			
<b>Net Cost of Dinner &amp; AGM</b>	<b>1,654</b>	<b>1,003</b>	<b>(3)</b>
<b>Regalia Cost of Sales:</b>	<b>7,936</b>	<b>4,450</b>	<b>(2)</b>
<b>Operating Expenses:</b>			
Fees - Clubs & Associations	300	603	
Insurance	1,576	1,624	
Observers Expenses	20,470	17,100	<b>(4)</b>
Trophies & Presentation	1,264	1,086	
Certificates	250	674	
Bank Charges inc PDQ less interest	238	170	
<b>Office:</b> Admin & Expenses	2,033	2,151	<b>(5)</b>
Travel	1,293	996	
Payments to Officers	24,828	22,778	<b>(6)</b>
Office Equipment/Consumables	1,029	1,351	
Postage	633	671	
Professional Advice	0	0	
<b>TOTAL Office</b>	<b>29,816</b>	<b>27,947</b>	
<b>TOTAL EXPENSES</b>	<b>63,504</b>	<b>54,657</b>	
<b>SURPLUS FOR THE YEAR</b>	<b>6,438</b>	<b>5,174</b>	

<b><u>Balance Sheet</u></b>		<b>2014 AGM</b>	<b>2015 AGM</b>
		<b>£</b>	<b>£</b>
<b>Assets</b>	<b>Cash In Bank (7)</b>		
	Business Tracker	85,524	92,573
	Current Account	1,783	2,380
	<b>Cash in Hand</b>	-	-
	<b>Regalia Stock</b>	13,212	10,580
<b>TOTAL Assets</b>		<b>100,519</b>	<b>105,533</b>
		-	
<b>Liabilities</b>	<b>Creditors</b> Sundry Creditors	160	-
		-	
<b>TOTAL Liabilities</b>		<b>160</b>	<b>-</b>
<b>TOTAL Net Assets</b>		<b>100,359</b>	<b>105,533</b>
<b>Capital</b>			
	<b>Retained Profit B/fwd</b>	93,921	100,359
	<b>Current Year Profit</b>	6,438	5,174
<b>TOTAL Retained Capital</b>		<b>100,359</b>	<b>105,533</b>

## Supporting Notes

1. Admin and Crossing Fee data per CS&PF Database.
2. Regalia is held as stock at cost. Stock counts undertaken by those selling the stock.
3. Net cost of dinner includes donation to RNLI. For 2015 the raffle raised £1870 which was matched by CS&PF to give a donation of **£3,740** (2014: £3,590) to RNLI:

Dinner Income	7,890
Dinner Cost	<u>(7,023)</u>
Net Margin on Dinner	867
Raffle & Charity Sales	1,870
Donation from Dinner	<u>(3,740)</u>
Net Surplus/(Cost) of Dinner & AGM	<b>(1,003)</b>

4. Observers Expenses includes fees paid to 6 trainee observers.
5. Administration Expenses include:

Storage Unit Hire (Regalia and Archives)	1,192
Books Checking & Accounts Preparation	375
Telephone	226
Catering (at Meetings)	249
Misc.	<u>109</u>
Subtotal Admin Expenses	<b>2,151</b>

6. Payments to Officers

Honorarium – Secretary	20,663
Honorarium – Treasurer	1,312
Honorarium - Observer Liaison	<u>803</u>
Subtotal Payments to Officers	<b>22,778</b>

7. Reconciled to Barclays Bank Statements adjusted for post year-end transactions relating to 2015.

### A Message from the C.S. &P.F. Observer Liaison Officer

In March three years ago, I was asked to become the Observer Liaison Officer as the position had become vacant. I was given support from the 'Elders' of the C.S. &P.F. for which I am very grateful. Having completed my third year in the post, I believe that I have got it right. The 'system' is running smoothly!

An observers meeting took place in May at the Water Sports Centre Dover. This was aimed at new observers. Both new and experienced observers gave up their time to attend. Over the three hours, information was provided as to the completion of the new observer forms, the rules, and above all what is expected of an observer who is representing a premier organisation! Time served observers in attendance kindly assisted me with passing on their individual experiences. Pilots were invited to offer advice from their prospective, but were unable to attend for various reasons.

The season began in mid-June and this put me to the test in getting observers ready for each of the six support boats. (At this point I would like to thank all the pilots for their help to smooth the way). The weather was very unkind to us in 2015 so unlike previous years where swims took place on the allocated tides, pilots were bringing swims forward and in some cases, having to postpone them until 2016. This had a 'knock on effect'. When we did have a 'run' of good weather, pilots were taking full advantage and swims were taking place back to back. Our younger observers took full advantage of this by staying at sea for long periods.

Of course everybody has a private life, with weddings, holidays and other commitments and therefore obtaining observers at weekends proved a challenge for me. I would like to thank all of the observer corp. for turning out at 'silly o'clock' and often at very short notice. On more than one occasion this was within half an hour of a call from a pilot!

I have a bank of about fifty observers on my data base, but if I had one-hundred that would not be enough? As with previous seasons I lose some and gain others so I am always looking for new recruits. At present I am in contact with the Dover Volunteer Services but if you have swum the Channel and would like to give something back then please have a think about observing.

The C.S. &P.F. web site provides a superb insight as to what is required to become an observer. (Many thanks Boris Mavra and Nick Adams for your help).

Basically if you are over 18 years of age, hold a full passport allowing you into French waters and wish to become a trainee, (this age is a requirement for insurance purposes), we would very much like to hear from you.

I would assign you to a swim with an experienced observer who will guide you as to what is



required. If all goes well and assuming that you are comfortable with being at sea for a long time and in various conditions, you will be posted to a support boat and be able to observe your own swim.

It must be emphasised that you are there purely to observe, take notes and above all try your very best to stay awake!

The nearer you live to Dover would be an advantage especially for those short notice calls. You will be paid expenses for your efforts once a satisfactory report has been submitted. It has been agreed at committee level to pay £130 per swim and this will increase for two –way attempts.

Any person interested in this extremely rewarding job please contact the Observer Liaison Officer. The details are published on the web site. Alternatively, the dedicated phone can be used. 077303 25884

At this point I would like to bring to your attention a situation the year before last where a local observer went beyond the 'call of duty'. A relay swim commenced as the conditions were more than acceptable. Within four hours the sea became very uncomfortable and the swim was aborted on safety grounds. The pilot decided to return to Dover at 23.00hrs. The team had no accommodation as they had checked out when the swim was classed as 'good to go'. The weather conditions were looking much better for the morning tide. The observer took all six members of the team and two supporters back to her house. She not only gave shelter for the night but provided copious amounts of porridge for breakfast!! Her and her husband then ensured the team were ready to go on the 07.00hrs tide. The team touched French soil later that day.

At the C.S. &P.F. Committee meeting in December I gave notice that I would be standing down as the Observer Liaison Officer. This decision was not made lightly; I have a very busy year ahead with my family and feel that the time has come to hand the 'reigns' over to fresh blood.

The friendship and trust I have gained amongst the observers is second to none. The Federation are so fortunate to have them. I salute and thank you all for your support whilst I have been in office.

Let's hope that the weather gods smile upon us for another great season.

Kind regards

Mike Ball.

### Regalia Annual Report

The CS&PF regalia continues to be popular amongst swimmers and supporters alike. In spite of the fact that the items are such high quality that they last for many seasons Irene still managed to sell almost £6000 worth of goods over the 2015 season.

Irene is a long standing supporter of the federation. Week after week she travels to the storage unit, loads up her car with boxes nearly as tall as she is and unloads them on Dover beach in all weathers. If Irene can't be found on Dover beach it is probably because she is surrounded by swimmers trying on items.

Put simply the federation could not do what it does for it's swimmers without the support of volunteers like Irene.

To check out the latest range take a look at <http://www.cspf.co.uk>

### Annual Dinner

The 2015 annual dinner was a record breaker with 280 people attending.

Kevin Blick and Rob Ouldcott had the unenviable task of entertaining the big crowd for the evening and did a grand job. This rounded off their three year stint as our hosts and the federation would like to thank them for their hard work.

Hosting the annual dinner is a massive undertaking and no one should underestimate the time and effort that goes into making the evening an event that feels personal to each individual involved in that years stories.

So who can fill their shoes.....?>

The raffle proved to be ever popular and with proceeds being matched by the federation we made a donation of £ to the RNLI. A massive thank you to Stu Bowman and his friend from SERPs for organising that.

Once again Emma France and Michelle Toptalo made herding cats look easy, getting the tickets processed, menus in place, slide shows and videos ready and dealing with any little hiccups on the night. These two take the term dinner ladies to a new level.

Tickets have sold well for this year's dinner so get ready, polish your crocs, eat, drink, and be merry.

## CS&PF Digital Resources Report

### Website (<http://cspf.co.uk>)

CS&PF website had another great year: visitation figures stabilized after couple of years of fast growth. A contributing factor to a small drop in the number of page views could have been the difficult swim season with many attempts abandoned early or not setting off.

Period		1 Feb 2014 – 31 Jan 2015	1 Feb 2015 – 31 Jan 2016	difference
Visits		190,610	186,542	-2%
Unique visitors		67,688	70,985	+5%
Page views		870,524	814,205	-6%
Busiest day		5 Aug 2014	8 Aug 2015	
Busiest month		Aug 2014	Aug 2015	
Most popular pages by views	1	Swim Routes (251,593)	Swim Routes (216,843)	-13%
	2	Tracking (214,833)	Tracking (203,197)	-5%
	3	Home (51,579)	Home (55,721)	+8%
Top Countries by visits	1	UK 111,692 (58.59%)	UK 108,910 (58.38%)	
	2	USA 25,332 (13.29%)	USA 17,184 (9.21%)	
	3	Australia 16,153 (8.47%)	Australia 7,700 (4.13%)	

### New website features

2015 season saw the introduction of several new website features for the benefit of our members:

- Online payments using PayPal – in combination with a payment calculator: <http://cspf.co.uk/cost-calculator>
- Admiralty Chart Kit – available for all CS&PF swims on their public page. See <http://cspf.co.uk/article/101/admiralty-chart-kit> for details
- Introduction of other sea swims tracking, in particular North Channel, Jersey and Catalina swims: see <http://cspf.co.uk/tracking>

As before, we invite all members to contribute to the website with their swim stories and news. All suggestions regarding the current or proposed new content are most welcome, please email [webmaster@cspf.co.uk](mailto:webmaster@cspf.co.uk).

## Twitter (<https://twitter.com/csandpf>)

CS&PF Twitter account was opened in February 2012; here are comparative figures at present and a year ago:

	<b>1 Feb 2015</b>	<b>1 Feb 2016</b>
Tweets	361	590 (+229)
Followers	542	698 (+29%)

In 2015, in addition to tweeting about successful swims and our news articles/swim stories, we added an automated tweet of weather conditions recorded at Sandettie. As before, we lack resources to offer more varied content. We invite our members to suggest what they would like to see as well as contribute with relevant content.

For the coming season, we introduced a “Social Media” section of our Solo and Relay application forms: we hope that links supplied by swimmers and swim teams will help us offer more interesting content as well as contribute to their charity fundraising efforts.

## Administrative Database

In 2014 season we introduced an online administrative system for recording and monitoring all paperwork online.

2015 season saw introduction of Payments section, linked to our website’s PayPal page. Another big addition to the system was the revamp of the CS&PF forms which can now be authored completely from within the online database.

January 2016 saw the launch of fully online forms that include the electronic signature for Solo application forms. This means that the entire swim application process can be completed with no paper (unfortunately swimmers will still have to submit their Medicals and Assessment swim forms as scanned PDFs, as these involve 3<sup>rd</sup> parties).

If the online Solo forms prove to be a success, we plan to introduce the Relay forms with multiple electronic signatures for 2017 season.

We invite our members to provide any feedback and propose new features or changes they would like to see.

## Solo Swim Database

Thanks to the efforts of former CS&PF Vice Chairman Julian Critchlow, our website features the most complete list of solo Channel swims (<http://cspf.co.uk/solo-channel-swimmers>).

We invite our members to email Julian ([juliancritchlow@gmail.com](mailto:juliancritchlow@gmail.com)) with any additional information or corrections.

Boris Mavra



**CS & PF Officers 1999 to 2015**

<u>Year</u>	<u>President</u>	<u>Chairman</u>	<u>Secretary</u>	<u>Treasurer</u>
1999		Alison Streeter MBE	Michael Oram	Alan Rushton
2000		Alison Streeter MBE	Michael Oram	Michael & Angela Oram
2001		Alison Streeter MBE	Michael Oram	Michael & Angela Oram
2002		Alison Streeter MBE	Michael Oram	Derek Carter
2003	Frank Richards	Alison Streeter MBE	Michael Oram	Derek Carter
2004	Frank Richards	Alison Streeter MBE	Michael Oram	Derek Carter
2005	Frank Richards	Alison Streeter MBE	Michael Oram	Derek Carter
2006	Kevin Murphy	Alison Streeter MBE	Michael Oram	Derek Carter
2007	Kevin Murphy	Alison Streeter MBE	Michael Oram	Derek Carter
2008	Kevin Murphy	Alison Streeter MBE	Michael Oram	Derek Carter
2009	Alison Streeter MBE	Charlie Gravett	Michael Oram	Tanya Harding
2010	Nick Adams	Charlie Gravett	Michael Oram	Tanya Harding
2011	Nick Adams	Michael Oram	Kevin Murphy	Cathy Slevin
2012	Nick Adams	Michael Oram	Kevin Murphy	Cathie Slevin
2013	Nick Adams	Michael Oram	Kevin Murphy	Cathie Slevin / Kathy Batts / Jim Boucher
2014	Nick Adams	Michael Oram	Kevin Murphy	Kathy Batts
2015	Nick Adams	Michael Oram	Kevin Murphy	Kathy Batts



**CS&PF Honorary Secretary | Kevin Murphy**  
21 Spiel Place, Lye Lane  
Bricket Wood, St Albans  
Hertfordshire AL2 3TD  
secretary@cspf.co.uk  
+44 (0) 1923 671 849

## Motions

### Motion 1

RULES REVISION AS ATTACHED

PROPOSER: BORIS MAVRA

SECONDER: KEVIN MURPHY

### Motion 2

PROPOSER: BORIS MAVRA

SECONDER: KEVIN MURPHY

Motion: change the wording of 7a and 7b from

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(a) The general management, conduct and direction of the Federation shall be vested in the general Committee which shall consist of a Chairman, Vice-Chairman, Secretary, Treasurer, and seven (7) elected full members. The Committee will have the power to co-opt up to three (3) additional members with voting rights for specific duties.

(b) The positions of President and Vice President shall be proposed and seconded by the CS&PF officers and Committee members, the nominations will then be put to the AGM for a vote and their selection confirmed at an AGM. Positions can remain vacant.

The President elect can choose to attend and vote at Committee meetings.

The President elect should hold the position for no more than 2 consecutive 3 year terms then stand down for at least 1 term of office.

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to

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(a) The general management, conduct and direction of the Federation shall be vested in the general Committee which shall consist of a Chairman, Vice-Chairman, Secretary, Treasurer, and seven (7) elected full members, together with the President and Vice President. The

Committee will have the power to co-opt up to three (3) additional members with voting rights for specific duties.

(b) The positions of office as President and Vice President shall be nominated by the Committee members for approval at the next AGM and may (but shall not be required to) include any person already holding a Committee post. Either or both positions of President and Vice President will remain vacant if no nomination is made or if the CSPF membership does not ratify the nomination at the immediately following AGM. From the date of nomination by the Committee and (if ratified at AGM) for the full term of 3 years (or such other term as the Committee shall have nominated for that office-nomination), the President elect/President and the Vice President elect/Vice President shall have the right to receive notice of and to attend, be counted in the quorum of and to vote at any Committee meeting, subject always to the passing of any contrary resolution of the CS&PF membership at any time. Any person ratified at AGM as President or Vice President may not hold that office for more than 2 consecutive terms (with each term commencing on and from the date at which the appointment to the position is ratified at AGM) and thereafter must stand down for at least 3 years. A person who has served one or two terms of office as President may be nominated by the Committee for the office of Vice President and vice versa. Any such other-office nomination shall be effective from the immediately following AGM and no rights shall attach to the position of other-office elect during the period up to the AGM. Ratification at AGM of an other-office position shall postpone (and not remove) the requirement for that person to stand down from both offices for at least 3 years after consecutively serving in any order two terms of office as President and two terms of office as Vice President.

### **Motion 3**

PROPOSER: BORIS MAVRA

SECONDER: KEVIN MURPHY

Junior swimmers (over 12 & under 16 years of age) will only be allowed to swim in standard 6 person relay team swims.

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to

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Junior swimmers (over 12 & under 16 years of age) will only be allowed to swim in 6-person (standard), 7-person or 8-person relay team swims.

AGM motion proposed by Boris Mavra  
Seconded by Kevin Murphy

## Channel Swimming & Piloting Federation Rules 2015

1. [NAME](#)
2. [OBJECTIVES](#)
3. [MEMBERSHIP](#)
4. [SUBSCRIPTION](#)
5. [FINANCIAL YEAR](#)
6. [INTERPRETATION OF RULES](#)
7. [MANAGEMENT](#)
8. [DUTIES AND POWER OF THE COMMITTEE](#)
9. [DUTIES OF THE HON. TREASURER](#)
10. [SWIMMING RULES & FEES -- ADMIN & CS&PF SWIM FEES](#)
11. [RULES FOR CHANNEL RELAY TEAM](#)
12. [ADDITIONAL RULES](#)

### 1. NAME

The FEDERATION shall be known as the CHANNEL SWIMMING & PILOTING FEDERATION (CS&PF).

Words imputing the singular only shall include the plural and vice versa.

Words imputing the masculine gender shall include the feminine gender.

Words imputing persons shall include organisations.

### 2. OBJECTIVES

(a) To promote the sport of long distance open water swimming world-wide and assist organisations and swimmers to attempt such swims in all ways possible.

(b) To promote, assist, observe and authenticate swimmers and sports persons in their attempts to cross the "English Channel/ La Manche" by swimming and "any other means" of crossings such as rowing, canoeing, sailing et cetera.

(b) To promote, assist, observe and authenticate swimmers and sports persons in their attempts to cross the "English Channel/ La Manche" by swimming and "any other means" of crossings such as (without limit) rowing, canoeing and sailing.

(c) To assist, with advice and information, the organisation of attempts to cross "by any means" acceptable to the relevant authorities the "English Channel/La Manche".

(c) To provide advice, information and registration facilities (including digitally via the Federation's website), the organisation of attempts to cross "by any means" acceptable to the relevant authorities the "English Channel/La Manche".

(d) To assist in setting up and/or observing and authenticating such swims and "crossings by other means" as indicated in b and c above, provide advice or other assistance in relation to any dispute between members of the Federation or between a member of the Federation and another entity body or person relevant to or affecting the Federation's Objectives.



(e) To form a register of recognised pilots and assist with the professional requirements, advice, information and guidelines to enable them to operate on a professional basis. To act as a contact between the pilots, the government departments and any sports persons requiring such services. To promote a standard that makes the Federation a leading authority, in co-operation with the government bodies, on organisation and safety requirements of such crossings.

(f) To formulate and adjudicate upon a set of rules and guidelines under which such attempts can take place and become a governing body for such attempts. To subscribe to or become a member of any association, club or governing body as deemed necessary to forward the aims of the Federation. To enable other entities or persons to become affiliated or otherwise associated with the Federation for the purpose of benefiting or assisting the Federation or its reputation. (g) To apply for any permissions and governmental requirements as are, or shall be required to allow such events to continue. To modify or adjust any of the powers of the Federation to allow its best operation.

(h) The Channel Swimming and Piloting Federation is a non profit making organisation. Any funds remaining after expenses, services, rent and running costs etc. have been paid and accounted for will be paid into the Federation accounts and used solely to peruse the objectives of the Federation. Should the CS&PF be wound up for any reason any funds remaining after debts and expenses have been cleared will be transferred to be used for other approved sporting or charitable purposes approved by the Federation.

(h) The Channel Swimming and Piloting Federation is a non profit making organisation. Any funds remaining after expenses, services, rent and running costs etc. have been paid and accounted for will be paid into the Federation accounts and used solely to persue the objectives of the Federation. Should the CS&PF be wound up for any reason any funds remaining after debts and expenses have been cleared and all assets realised, will not be returned to the members but will be transferred to a sports governing body, a registered Community Amateur Sports Club or a registered charity by the Committee.

### 3. MEMBERSHIP

Membership is open to all persons, associations, clubs and other bodies who have an interest in long distance swimming world-wide, and attempts to cross the English Channel/ La Manche by swimming or "any other means" of crossing requiring an escort/pilot.

Membership is open to all persons irrespective of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs who have an interest in long distance swimming world-wide including attempts to cross the English Channel/ La Manche by swimming or "any other means" of crossing requiring an escort/pilot and who will act in the interests of the CSPF and preserve its reputation and goodwill.

A person requesting membership should complete either the CS&PF membership application form or apply via a CS&PF swim application form to be considered by the committee for membership. The Committee will consider and determine each application in accordance with these Rules and based on the Committee's opinion that the applicant will comply with these Rules.

All members and applicants for membership (whether applications are made in conjunction with a swim application or separately), must comply with the Rules including all processes and directions as are approved and implemented from time to time by the Committee of the Federation in accordance with the Rules. Failure to so comply may, at the sole discretion of the Committee, result in the termination of membership with or without notice. Every membership application, however made, is subject to the approval of the Committee [DELETED]

All applications for membership accepted in 2015 will run from 1st January to the 31st December for a 2 year period. [DELETED]

Any application for membership made at any time after 2015 [DELETED] will be treated as an application for full membership for one person (with an entitlement to one vote per motion or resolution) and running from the date of acceptance until 31st December in the same year. The Committee will determine the fees for membership.

Applications for joint memberships, family memberships or any other type of membership other than a full membership (or honorary membership), shall not be available with effect from 1st January 2016.

All Federation pilots must be and remain registered with the Federation and qualified as required by the Authorities and the Federation. Proof of current qualifications must be deposited with the Federation each year before the season starts and any changes and updates advised.

Pilot recognition will be reviewed and (if necessary) revised by the committee annually. A precondition to recognition and its continuation for pilots will be the adherence to guidelines laid down by the Committee from time to time.

Registered Pilots will be made Honorary Members (with power to vote) for the years in which they are recognised, registered and escorting crossings.

Pilots wishing to be recognised by the Federation may apply to the Committee submitting their qualifications. Final acceptance shall be subject to approval by the Federation. On acceptance they will be added to the "Recognised Pilot list" for the option of filling a future position when it becomes available; or working within the active pilot boats crews. Pilot additions to the Pilot recognition list to be in order of the date of recognition by the Committee. The pilot list, along with qualifications and certification shall available from the CS&PF office upon request.

Observers will be made Honorary Members (with power to vote) for the years in which they carry out one or more formally observed swim attempts on behalf of the Federation.

Honorary life members can be nominated by the Committee or a CS&PF member and a vote taken at the Annual General Meeting. If accepted they will have full voting powers.

Each FULL member shall have one vote.

All membership will run from 1st January to the 31st December. New membership will run from the acceptance date of membership to 31st December.

Full annual membership to be set yearly at the AGM's £20.00 for 2015 [DELETED]

#### **4. MEMBERSHIP FEES**

Membership fees shall be as below for applications received during 2015 and 2016 and thereafter shall apply subject to any change proposed by the Committee from time to time and which is approved by the members at a General Meeting:

Membership fees shall be set at the AGM for the immediately following calendar year and thereafter, subject to any change proposed by the Committee from time to time and which is approved by the members at a General Meeting. Details of the membership fee applying in the current year shall be posted on the Federation website.

**2015:** Full biennial membership - £20.00  
Joint biennial membership for couples making a combined application (with one vote per joint membership) – £30.00

Family biennial membership for families comprising up to 2 parents and their children under 16 (with one vote per family membership) - £30.00

**2016:** Full annual membership - £20.00

[DELETED]

## **5. FINANCIAL YEAR**

The financial year of the Federation shall start on the 1st January end on the 31st December up to which date all accounts and reports shall be made.

## **6. INTERPRETATION OF RULES**

The Federation's decision on the interpretation of these Rules and any other question is final and binding. All instructions, rules and conditions elsewhere on the Federation website and in any publications, guidance or instruction sheet or form of the Federation published, issued or otherwise in use from time to time shall form part of these Rules although in the event of conflict these provisions shall prevail over all such other instructions, rules and conditions

## **7. MANAGEMENT**

(a) The general management, conduct and direction of the Federation shall be vested in the general Committee which shall consist of a Chairman, Vice-Chairman, Secretary, Treasurer, and seven (7) elected full members. The Committee will have the power to co-opt up to three (3) additional members with voting rights for specific duties.

(b) The positions of President and Vice President shall be proposed and seconded by the CS&PF officers and Committee members, the nominations will then be put to the AGM for a vote and their selection confirmed at an AGM. Positions can remain vacant.

The President elect can choose to attend and vote at Committee meetings.

The President elect should hold the position for no more than 2 consecutive 3 year terms then stand down for at least 1 term of office.

(c) The decision of the Federation in all disputes, questions referred to them, or matters over which they have control, shall be final and binding upon the members. Members shall have the right to appeal, in person if desired, at the next full Committee or General Meeting. The Committee shall have the power to make, amend or suspend by-laws from time to time for the proper management and good order of the Federation.

d) The CS&PF officers and Committee members, (excluding President and Vice President) are to be elected by rotation with half (1/2) being elected every year over a two year period.

The CS&PF officer positions are to be elected from CS&PF members who are serving or have served on the CS&PF Committee. If there are no nominations for officer positions from among CS&PF members who are serving or have served on the CS&PF Committee, the secretary will notify the membership accordingly and the election of other full members of the CS&PF to officer positions will be permitted.

Nominations for the appointment of the Officers and to fill the Committee positions, each proposed and seconded by full members, shall be given in writing to the Secretary at least twenty-one days (21 days) before the date of the Annual General Meeting and made available to full members.

If the number of nominations exceeds the number of vacancies, then a paper ballot shall be taken, each full member present at the meeting having one vote in respect of each vacancy. Elected members shall take office at once.

Full members shall sign in at the beginning of the meeting, giving their CS&PF number and collect a voting card. Annual members will be eligible to vote at the AGM in their year of membership and at the AGM immediately following their year of membership.

(e) The Agenda of the business to be transacted at all each General Meetings shall be posted on the CS&PF web site at least 14 days before such the meetings meeting. No resolution, except such as relates to the adoption of the Reports at the Annual General Meeting, shall be moved at any General Meeting unless notice thereof, duly signed by a proposer and seconder, stating its terms, has been delivered to the Secretary at least 21 days before the meeting, for inclusion in the Agenda.

The Chairman may at his discretion, however, accept amendments arising out of discussion of items of the Agenda, and he may also allow non-controversial matters which he may consider reasonable, to be raised and discussed.

(f) 75% of the administration fee for each swim registered in the current year shall be made available to allow for administration and the operation of the CS&PF office.

(f) The Committee will have the power to delegate to and contract with one or more self-employed consultants and/or businesses to carry out (or provide supporting services in connection with) any or all of the functions stated below (or any part of a function) on such remuneration, duration and other terms as it considers appropriate in its discretion (and whether or not such delegate is a member of the Committee or the CS&PF or is interested as an owner, controller or employee of such delegate) and in so doing may commit the CS&PF to pay remuneration therefor, namely:

(i) the administrative and operational services of the CS&PF office,

(ii) the appointment, training and coordination of CS&PF observers for swim attempts,

(iii) the preparation and/or auditing of management and/or statutory financial accounts for the CS&PF or any of its operations,

(iv) legal support for the Committee or the CS&PF, and

(v) such other functions as are determined by the Committee from time to time.

(g) The Observer Liaison officer shall receive up to 5% of the swim fees for the management, expenses, appointment, allocation and co-ordination of the CS&PF observers. [DELETED]

(h) The Treasurer shall receive up to 5% of the administration fees for the management, expenses, and work carried out reference the CS&PF accounts. [DELETED]

(i) The Committee shall have the power to appoint an Observer Liaison Officer, Pilot Liaison Officer and Coastguard/negotiation officer from within the Committee membership. The committee can form sub Committees for specific purposes to be chaired by a Committee officer.

A quorum of at least five Committee members including at least two officers shall transact the business of the Federation.

(j) The Committee shall appoint at each AGM 3 of its number to act as CS&PF Trustees (with each being deemed to have ceased to be a Trustee upon ceasing to be a member of the Committee). All funds and property of the club shall be vested jointly in the Trustees. The Trustees shall act, as to such funds or property, in accordance with the directions of the Committee.

## **8. DUTIES AND POWER OF THE COMMITTEE**

(a) To carry out the rules and transact the business of the Federation.

(b) To meet at least two times a year.

(c) To appoint members to fill any vacancy that may occur among the officers and Committee until the next AGM or General meeting.

(d) To appoint sub-Committees that will report to the Committee.

(e) To exercise financial control over the funds of the Federation and to present annual Accounts and Balance Sheet at the Annual General Meeting.

(f) To uphold and promote the objectives of the Federation.

(g) To assist swimmers and sports persons in their enquiries and attempts at crossing the English Channel/La Manche and authenticate claims of swimmers that have swum the Channel within the rules.

(h) To recognise CS&PF pilots and pilot boats for escort duties and to register the pilots and pilot vessels with the British and French authorities annually.

(i) To record details of all swims, and retain documents used in connection therewith. For a swim to be officially recognised at least two members of the Committee must read, check and ratify the observer's report that has been submitted along with any other paperwork requested and considered relevant.

(j) To take any other action to further the interests of the Federation.

## **9. DUTIES OF THE TREASURER**

The Treasurer shall oversee all the Federation accounts and the banking of all monies received and deposited on behalf of the Federation and delegate the responsibilities so involved. All Federation cheques shall be signed by any of the appointed signatories who shall be the Treasurer, the Secretary, the Chairman and one other officer in accordance with the bank mandate.

## **10. SWIMMING RULES & SWIM REGISTRATION FEES -- ADMIN & CS&PF SWIM FEES**

(a) Federation Swim Registration Fees:

Channel aspirants shall pay registration fees as fixed by the Committee annually and set at the Annual General Meeting. The fees are to cover the expenses of the Federation.

Channel aspirants shall pay Swim Registration fees as fixed by the Committee annually and set at the Annual General Meeting. The fees are to cover the expenses of the Federation. The Fees for the current year shall be posted on the Federation website following the AGM and shall include rates for solo,

relay, single and multiple crossing-attempts as well as administrative fees for registration-changes and late payments. Any fee-type will stay the same if not altered at an AGM.

**ADMINISTRATION FEE.** (Payable with all swim applications)

Code A ----- This is a Non-returnable fee and it includes one swim certificate for successful crossings

ADMIN FEE for: Solo swim ----                    **£145.00**

ADMIN FEE for: Relay swim --                    **£180.00**

**IF SUBMITTED AFTER 30 April 2015 :**

ADMIN FEE for: Solo swim ----                    **£170.00**

ADMIN FEE for: Relay swim --                    **£220.00**

(PLUS THE REQUIRED SWIM FEE AS BELOW)

**For SOLO SWIMS**

Code B ----- 1-way attempt                    **£160.00**

Code C ----- 2-way attempt                    **£360.00**

Code D ----- 3-way attempt                    **£450.00**

**For RELAY SWIMS**

Code E ----- 1-way attempt                    **£160.00**

Code F ----- 2-way attempt                    **£360.00**

Code G ----- 3-way attempt                    **£450.00**

An administration fee of £20 will be charged for each additional or alternative team member registered after April 30.

Fees and observations and other Federation requirements for requests to attempt swims / crossings greater than 3-ways, or for other swim courses not by the "direct route" are to be accessed and determined by the General Committee in its sole discretion

[DELETED]

Fees for extraordinary swims not covered above [DELETED] to be by negotiation and agreement of the committee.

Any swim fees not used in the current year must be reclaimed by the 31st of December in that year. Any fees not reclaimed will be added to the Federation funds.

The administration fee, payable with all swim applications, is non-returnable. Any swim crossing fee not used in the current year may be reclaimed by no later than 31st of December in that year (failing which they shall cease to be returnable and shall be added to the Federation funds). Any reclaim-application shall be subject to an administration fee to be determined by the Committee in its discretion.

Each successful swimmer will receive one certificate (included in the administration fee) after the ratification of a successful swim report. Extra certificates may be ordered from the Secretary after ratification of a successful swim at the fees set for the year plus postage.

Each successful swimmer will receive one certificate (included in the swim registration fee) after the ratification of a successful swim report. Extra certificates may be ordered from the Secretary after ratification of a successful swim subject to an administration fee to be determined by the Committee in its discretion.

The swim will not be officially observed unless the appropriate Federation fees have been paid and the medical form and application form have been completed in full and received by the CS&PF office to the satisfaction of the Federation and prior to the swim as dictated within the Rules.

(a) CS&PF medical and application forms must be used for every swim or crossing application and will be available from the office or for download from the CS&PF website from 1st January in the year of the swim or as soon afterwards as the Committee are able to provide the same.

1. If you cannot complete any of the required stages within the time frame YOU MUST CONTACT THE CS&PF OFFICE to ask if a time concession can be allowed. The CS&PF will consider any requests to do so on an individual basis: the grant or refusal of a concession in the case of one application shall not oblige the CS&PF to grant or refuse a concession in any other case. The CS&PF may impose such conditions (including time limits) as it deems appropriate upon the granting of a concession.

2. The CS&PF application form and medical forms must –be submitted to the CS&PF office before 30th April. Failure to do so shall cause an application to become invalid unless specifically ruled otherwise in writing by the CS&PF in its discretion.

3. Your application must -- be completed and finalised by the 31st of May. Failure to do so shall cause an application to become invalid unless specifically ruled otherwise in writing by the CS&PF in its discretion.

4. The CS&PF needs to be able to register all completed swim applications for the season with the British and French authorities by the first week of June, or as requested by the authorities.

5. The office must be informed and agree to any changes to applications after they are submitted. All applications and paperwork submissions must include swimmer/ team name, pilot and proposed swim date.

(b) Swims will be categorised as Standard, Special or Assisted according to the method and/or aids used.

#### **STANDARD SWIM SUIT CLARIFICATION**

No swimmer in a standard attempt to swim the Channel shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy, heat retention or endurance (such as wetsuit, webbed gloves, paddles, fins, etc). The swimmer is permitted to grease the body before a swim, use goggles and one hat. Nose clips and earplugs are permitted. Any kind of tape on the body is not permitted unless approved by the Committee in advance and clarified by the observer.

The swimmer may wear only one swimsuit in one or two pieces which shall not extend past the shoulder or below the knee. All swimsuits shall be made from textile materials. Caps may not be made from neoprene or any other material which offers similar heat retention properties (as determined by the CS&PF Committee). Silicone or latex hats are permitted.

The observer will have to confirm that the swimwear rules have been observed. The swimmer must be sure that their costume and cap are of an approved type before the swim starts as the swim will not be recognised if they are later found not to conform. If you have any doubt, please seek advice and/or approval from the CS&PF Committee prior to the swim giving sufficient notice for any research or investigations to be completed.

During a swim no physical contact with the swimmer shall be made by any person other than to pass food and drink or secure such items as light sticks for safety reasons.

The use of MP3 players and other electrical audio devices shall not be allowed by the swimmer while swimming during any English Channel swim attempt unless for safety reasons.

### **SPECIAL SWIM**

This is a relay category swim only and listed under Rule 11 "Relay swims"

### **ASSISTED SWIM**

An assisted category swim will be to the same rules as a standard swim except for the allowance, by prior arrangement with the Federation, of the minimum additional aids or contact as is deemed necessary for the safety of the swim on medical or other agreed grounds. An assisted category swim will only be accepted after prior agreement with the Federation Committee.

(c) For a swim to be officially recognised, the swimmer must enter into the sea from the shore of departure, swim across the English Channel (i) to finish on dry land, or (ii) to touch steep cliffs of the opposite coast with no sea-water beyond. Swimmers may finish in harbour water provided they land as in (i).

(d) For a multiple crossing to be officially recognised, the swimmer must, as soon as they make contact with the ground, land as directly as possible in accordance with rule 10(c). They must then return immediately to the water, where they may stand or sit for up to 10 minutes. During this time they must not be touched by any person, but may be handed food, grease, medicines or swimming apparel to be administered by them. They must then, in agreement with the Observer, make the most direct and reasonable way to water deep enough in which to swim, and commence swimming. In all the above conditions, the Observer's ruling will be recorded and subject to official ratification by the Committee.

The time spent before the return swim starts shall be added to the time of the subsequent crossing.

(e) Every application for recognition of a swim must be accompanied by the Pilot's chart positions and by the Observer's Report, recording incidents, time, tides, method of feeding, etc. The Committee may call for additional evidence if they require it.

(f) The appointed Observer shall be in sole charge of the timing of the swim, and shall be responsible for observing compliance with the rules, subject to ratification by the Committee.

(g) The timing of a swim shall start from the moment the swimmer enters the water until they complete the swim as laid down in Rule 10(c).

(h) On their arrival in the Dover area the swimmer must advise the Secretary and the Pilot of their place of residence. All documentation must be completed by the time limits laid down in the CS&PF information and any changes in dates or arrangements for Pilots etc must be reported as soon as possible but before the swim starts. The Pilots are required to give the Secretary and the Observer Liaison Officer a full 24 hours notice of the possible departure of the pilot boat. Failure to give such notice could mean that an Official Observer may not be able to be appointed and the swim will not be able to proceed.

(i) The Federation shall not observe solo attempts to swim the Channel by persons under 16 years of age. Swimmers shall be over 16 years at least 3 days before the swim starts, and for registration purposes, at the beginning of the swim period they are booked to swim in. The Committee shall be



empowered to examine and to refuse to accept if thought necessary, the applications of persons to attempt to swim the Channel especially when they are over 55 years of age.

(j) Swimmers must be aged 12 years for at least 3 days before they can swim in a standard relay team, subject to correct registration and to their medicals being accepted. See relay rules 11.

(k) All aspirants must satisfy the Federation of their competence to make a realistic effort to undertake a successful attempt to swim the Channel.

All swimmers taking part in a solo swim must complete a self assessment swim for at least 6 hours in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion ) to be a suitable alternative, in either case, which has taken place no more than 30 calendar months prior to the 1<sup>st</sup> June in the Year of application.

All swimmers taking part in a relay swim must complete a self assessment swim for at least 2 hours in open water at a temperature of no more than 61°F / 16°C and which is carried out specifically for the purpose or as an organised event which the Committee considers (in its discretion ) to be a suitable alternative, in either case, which has taken place no more than 18 calendar months prior to the 1<sup>st</sup> June in the Year of application.

Every application for a solo or relay swimmer must complete a Swim Assessment Form available for download from the CS&PF web site and submit this together with supporting proof/ratification of the self-assessment swim or (if an organised event wherein satisfactory participation is a matter of public online record) the website address at which such proof is evident.

(l) The use of drugs by participants in Channel Swimming, other than for therapeutic reasons in accordance with medical advice, is regarded with complete disapproval and is considered contrary to the spirit of the sport. Any swimmer unable to participate without the administration of banned drugs must submit their application to the Federation Committee with ample time for its consideration. The Federation reserve the right to make random drug tests on Channel aspirants. The Observer may require a sample of any medication given.

(m) Only Federation registered pilots who are members of the CS&PF and hold the required qualifications will be recognised to pilot CS&PF crossings. Only Federation registered pilot boats with the required certification in force will be allowed to escort CS&PF registered crossings.

Pilot and pilot vessel documentation and certification are to be produced within 7 days if requested by the CS&PF office.

Pilot recognition will be reviewed on an annual basis. Pilot and pilot vessel details will be registered with the British & French authorities on an annual basis by the Federation office. It is the responsibility of the pilot/owner of the pilot boat to inform the Federation of any changes in circumstances which will invalidate the required qualifications and certifications.

(n) In no circumstances shall more than one swimmer at a time be allowed to make their attempt from the same pilot boat.

(o) Only one dinghy or inflatable at a time shall be permitted to operate with a pilot boat.

(p) During solo swims a swimmer may be accompanied in the water by 1 person only & not accompanied at all until after the first 3 hours. This accompaniment will be for a maximum of 1 hour

& cannot be repeated until at least 2 hours have elapsed after the cessation of the accompaniment.

The second swimmer may swim alongside, but not in front, of the solo aspirant & must not impede the solo swimmer.

For health & safety reasons the pilot must agree to any request for a support swimmer before they enter the water to accompany the swimmer.

The pilot may, at his or her discretion, request that a second swimmer join the solo aspirant outside of these times for a short period on the grounds of safety. (i.e. if a swimmer suffers severe cramps). Similarly the pilot may ask for accompaniment at the very end of a solo swim if the conditions dictate. This is to be allowed even if the request is within 2 hours of a previous accompaniment.

No support swimming is to be allowed on a relay swim.

## **11. RULES FOR CHANNEL RELAY TEAMS**

Relay team leaders are responsible for collating and submitting properly completed forms, supporting documentation and fees within the time permitted. No communication will be processed in the event of any failure to include prominently and clearly the Team name and the team leader's name. The CS&PF reserves the right to reject any submission which is incomplete and submitted by anyone other than the Team leader.

Relay swims will be divided into the same categories as solo swims - Standard, Special, Assisted. Any alteration from a standard crossing must be agreed by the federation committee before the start of the swim.

### **STANDARD RELAY SWIMS**

#### **SWIM SUIT CLARIFICATION**

No swimmer in a standard attempt to swim the Channel shall be permitted to use or wear any device or swimsuit that may aid his / her speed, buoyancy, heat retention or endurance (such as wetsuit, webbed gloves, paddles, fins, etc). The swimmer is permitted to grease the body before a swim, use goggles and one hat. Nose clips and earplugs are also permitted. Any kind of tape on the body is not permitted unless approved by the observer.

The swimmer may wear only one swimsuit in one or two pieces which shall not extend past the shoulder or below the knee. All swimsuits shall be made from textile materials. Caps may not be made from neoprene or any other material which offers similar heat retention properties (as determined by the CS&PF Committee). Silicone or latex hats are permitted.

The official observer will have to confirm that the swimwear rules have been observed. The swimmer must be sure that their costume and cap are of an approved type before the swim starts as the swim will not be recognised if they are later found not to conform. If you have any doubt, please seek advice and/or approval from the CS&PF Committee prior to the swim giving sufficient notice for any research or investigations to be completed.

#### **STANDARD RELAY TEAM**

(a) "Each standard team shall consist of 6 swimmers each swimming for 1 hour. The names of the 6 persons shall be given to the official observer before the actual commencement of the swim. Thereafter there shall be NO changes in order or substitutions whatsoever.

Swimmers in relay teams shall be over 12 years old 3 days before the relay swim starts, and for registration purposes, the beginning of the swim period their team is booked to swim in. They shall be

under 16 years of age for at least 24 hours after the swim finishes for it to be classified as a Junior Relay team swim.

Junior swimmers (over 12 & under 16 years of age) will only be allowed to swim in standard 6 person relay team swims.

All swimmers taking part in a relay team swim must supply written proof/ratification of a 2 hour swim in water 61°F/16°C or less or proof of completion in a recognised event for a period considered by the CS&PF to be an acceptable alternative within the previous 18 months.

In no circumstances shall more than 1 team be allowed to make their attempt escorted by the same pilot boat.

(b) Each swimmer shall swim for one hour each time he/she enters the water.

(c) The change-over/takeover from one swimmer to the next in a relay should take place every 60 minutes with the new swimmer entering the water on a signal given by the observer. During the take-over the new swimmer must enter the water from behind & swim past the preceding swimmer. The previous swimmer must then exit the water as quickly as possible. The change-over should take no more than 5 minutes.

(d) Team members shall rotate in the same order throughout the swim. Pace-making or the use of a support swimmer is NOT allowed.

(e) The pilot may ask for the accompaniment of a safety swimmer at the very end of a relay swim if the conditions dictate.

(f) An Official Observer of the Federation must be present on any Relay Team swim for it to be recognised.

### **SPECIAL CATEGORY RELAY SWIMS**

A Special category relay will be run under the same rules as a standard relay except for the allowance of the number of persons in the team. Teams can be 2 - 3 - 4 - 5 - 7 or 8 people. Teams of 2 or 3 persons will be allowed the option of choosing between 1 or 2 hour swim periods for the duration of the relay swim. The option must be declared before the start of the crossing and maintained throughout the crossing.

### **ASSISTED CATEGORY RELAY SWIMS**

An Assisted category relay will be to the same rules as a standard relay except for the allowance, by prior arrangement with the Federation, of the minimum additional aids or contact as is deemed necessary for the safety of the swim on medical or other agreed grounds. An assisted category relay will only be accepted after prior agreement with the Federation committee.

**NOTES:** The General Rules of the Channel Swimming & Piloting Federation shall apply at all times.

All swimmers must be fully paid up members of the Federation before they can swim.

All relay team members must be full members of the Federation.



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### Election of Officers and Committee

#### PRESIDENT

Michael Oram      Proposer/Seconder: CS&PF Committee

#### VICE PRESIDENT

Nick Adams      Proposer/Seconder: CS&PF Committee

#### CHAIRMAN

Boris Mavra      Proposer: Nick Adams      Seconder: Kevin Murphy

#### VICE-CHAIRMAN

(Listed in alphabetical order. One position available)

Tanya Harding      Proposer: Michael Oram      Seconder: Angela Oram

Eddie Spelling      Proposer: Nick Adams      Seconder: Kevin Murphy

#### TREASURER

Kathy Batts      Proposer: Boris Mavra      Seconder: Kevin Murphy

#### COMMITTEE

(Listed in alphabetical order. Three positions available)

Nick Adams      Proposer: Sakura Adams      Seconder: Boris Mavra

Michael Ball      Proposer: Nick Adams      Seconder: Kevin Murphy

Jim Boucher      Proposer: Kevin Murphy      Seconder: Kathy Batts

Tanya Harding      Proposer: Michael Oram      Seconder: Angela Oram

Lance Oram      Proposer: Michael Oram      Seconder: Angela Oram

Eddie Spelling      Proposer: Nick Adams      Seconder: Kevin Murphy